Mile High Dive Club LR/JA/NP/NPA/CP/Elite August 31, 2020

- 1. Year & National review- NOT! Are we done with this nightmare yet?
- 2. Rah Rah kids!
- 3. Recruiting preview 2020, 2021 / Recruiting meetings with Jenn
- 4. The coveted black jacket
- 5. Thank you Coach Jack!
- 6. Updated COVID policy
- 7. New Invitees and moving on up! Contracts due Sept 8
- 8. Annual functional diving screen at Panorama
 - Sign up info coming soon- thru the Institute side
 - Sept/Oct dates offered
- 9. Team Gear
 - Team hoodies (required), pants, shirts, shorts: will email out link Sportline
 - Team Parka with name \$131 (email Troy) or gently used parkas various sizes \$89 (first come first served at Flip School)
 - 2020 Suits order TBD
 - Gear package / pieces (if you are missing pieces please get them asap!)
 - New pieces: monster band and stick (\$9) automatically billed
 - Roller \$13, block \$10, mat \$26, Sal-brand \$9
 - Package \$69.30 cc
 - > THIS GEAR NEEDS TO BE AT EVERY PRACTICE
 - > No Gear = 3 score
- 10. CP goal meeting: different format
 - College Prep/ Elite divers only goal mtg sheet posted soon on top of homepage
 - Sept 4 and Sept 18 (3:30, 3:50, 4:10, 4:30, 4:50, 5:10, 5:30) email Jenn
- 11. Elite training Mondays? Jack will discuss
 - Still 2x/month
- 12. Tower Team -not yet
 - Email us if interested, billing taken care of later date
 - Not on gate list? Email us full legal name, birthday, license number & state
- 13. Pools for Kids Annual Fundraising Commitment 2020: ½ due Feb 1, ½ due June 1
 - Flip-a-Thon: Sept 10
 - Corporate sponsorship packet on homepage
 - Super Bowl Squares
 - FB Birthday donations
 - Corporate matches
 - CO Gives Day
- 14. Fall training overview
 - Schedules are posted
 - Squat Squad- email Coach Jack
 - Private lessons- Coach Troy
 - NP/NPA private lessons- Fridays virtual, Coach Troy will send schedules for sign up
 - Contracts due Sept 8, late fees will be assessed

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- If you are moving up, we will take care of all tuition and deposit differences when contracts are in
- 15. Important Dates
 - Sept 7th: No Practice (Labor Day)
 - Sept 10: Annual Flip-a-Thon Fundraiser: Meyers Pool
 - Oct 5: Junior/Senior recruiting meeting- 5pm virtual
 - Oct. 31st: No Practice (Halloween)
 - Thanksgiving OFF: Nov. 26th –29th
 - Winter Holiday OFF: Dec 24th Jan 1
- 16. Meet Calendar for upcoming year
 - Nov 29- Dec 6: Jr World Champs- Kiev, Ukraine
 - December 15-20: Winter Nationals (Elite)*- Greensboro, NC
 - June 6-13: US Olympic Trials, Indy*
 - Regions/Zones

*Non team-travel meet. Divers must travel with a designated parent/guardian

17. Like us on FB, instagram please