



We are pleased to invite you to the very first invitational at our new pool, the Arvada Aquatics Center (formerly the Meyers Pool)! We have had tremendous support from your teams over the last few years when we were lacking in facilities and meets, and we are grateful to finally be able to host all of you that have hosted us. We are looking forward to **The Out of The Box Invite** being instrumental in helping the divers focus on specific areas of needed improvement prior to entering the summer meet season (see judging explanation below).

**When:** Saturday and Sunday March 1-2, 2025 with open warmup from 4:30-7:00pm on Friday, February 28<sup>th</sup>.

**Where:** The Arvada Aquatics Center is located at 7904 Carr Dr, Arvada, CO 80005  
This facility has (3) 1m springboards, (3) 3m springboards, (1) 3m platform, (1) 5m platform.

**Meet Director:** Hanos Mahari hanosmahari@gmail.com

**Registration:** We will use DiveLive for this meet and this will be a USA Diving sanctioned event. Registration fees are \$45/event.

This meet will have Group A, B, and C events, using FINA requirements for springboard. We will not have future champions events.

For the 3M/5M Platform event, all divers will compete four dives from four categories, using any combination of 3M/5M. DD for 3M will be the same as springboard DD. Divers can opt to compete no more than one lineup. There will be a boy's event, and a girl's event (no age groups).

**Judging:** Because one goal of this meet is to focus on the quality of each element of the dive, judges will evaluate specific components of the dive rather than overall impression. For example, Judge 1 will score starting position/takeoff, Judge 2 will score flight position and come-out, Judge 3 will score entry/line on water. Interpreting the standard judging scale (good=7 or higher, satisfactory= 5-6.5, deficient=below 4.5) for these components will allow the divers and coaches to dial in on which specific component(s) of the dive needs the most improvement.

Our goal is to have host provided virtual and in-person judges in order to allow the coaches on deck to focus on their athletes. All judges for the A & B 3M Superfinal will be in person/on deck.

**Awards:**

Awards will be given to the top 10 finishers in each event.

Additionally, A and B groups will have a "Superfinal" on 3m only, where the top 8 divers from each corresponding event will advance to compete their optional dives. Divers will be allowed to change dives on the board for the Superfinal and scores will not carry over from the events earlier in the day. Top 3 finishers in these 3m Superfinals will receive an additional prize ☺.

**Concessions:** With this being our first meet in this new facility we will not have concessions available for spectators or athletes. Within a mile of the pool there is a Qdoba, Chic-Fil-A, Rush



Bowls, Sushi, The Butchery Steaks & Seafood, Panera Bread, Ramen, Noodles and Company, Great Harvest Bakery, Chinese, as well as three grocery stores and two coffee shops. There will be coach's hospitality for breakfast and lunch Saturday and Sunday, including decent coffee.

**Lodging nearby:**

Origin Hotel Westminster - 8875 Westminster Blvd, Westminster, CO 80031  
Hampton Inn & Suites NW/Westminster - 5030 W 88th Pl, Westminster, CO 80031  
DoubleTree by Hilton Westminster - 8773 Yates Dr, Westminster, CO 80031  
La Quinta Inn by Wyndham Westminster - 8701 Turnpike Dr, Westminster, CO 80031  
Quality Inn Denver Westminster - 8500 Turnpike Dr, Westminster, CO 80030

**Schedule of Events**

**FRIDAY, February 28:**

4:30-7:00pm Open Warmup

**SATURDAY, March 1:**

Open Warmup: 7:00am-8:30am  
Event 1, 2, 3 Warmup: 8:30am-9:00am  
Event 1, 2, 3: Groups A, B, C Boys 1M  
Event 4, 5, 6 Warmup: 30 minutes  
Event 4, 5, 6: Groups A, B, C Girls 3M

Superfinals Warmup: Boards open for 10 minutes after conclusion of previous events.  
Superfinals: Groups A & B Girls 3M

3M/5M Platform Event Warmup: Platforms open for 45 minutes after conclusion of 3M springboard Superfinal.  
Event 7: 3M/5M Boys Platform  
Event 8: 3M/5M Girls Platform

Open Warmups: 1.5 hours after conclusion of platform event, or until 7pm, whichever is earlier.

**SUNDAY, March 2:**

Open Warmup: 7:00am-8:30am  
Event 9, 10, 11 Warmup: 8:30am-9:00am  
Event 9, 10, 11: Groups A, B, C Girls 1M  
Event 12, 13, 14 Warmup: 30 minutes  
Event 12, 13, 14: Groups A, B, C Boys 3M

Superfinals Warmup: Boards open for 10 minutes after conclusion of previous events.  
Superfinals: Groups A & B Boys 3M

-END OF DAY-