



Schedule of Events

Wednesday, April 2, 2025

EVENT	1 METER	3 METER
4:00 PM	Open Warm Up (4p-7:30p)	
7:30 PM		

Thursday, April 3, 2025

EVENT	1 METER	3 METER
10:00 AM	Open Warm Up (10a-7p)	
7:00 PM	Pool Closed (7:00p)	
7:10 PM	Coaches Meeting (7:10p)	

Friday, April 4, 2025

8:00 AM	Open Warm Up 7:00 AM- 9:00 AM	
12:00 PM		
EVENT 1	Event 1 Closed Warm-Up; 30 minutes	
	1 METER	3 METER
	Group B - Boys	Group B - Girls
	Group C - Boys	Group C - Girls
EVENT 2	Event 2 Warm-Up; 45 minutes	
	1 METER	3 METER
	Group D - Boys	Group D - Girls
	Group E - Boys	Group E - Girls
EVENT 3	Event 3 Warm-Up; 45 minutes	
	1 METER	3 METER
	13 & Under Mixed Syncro	NOVICE Mixed Syncro
	14-18 Mixed Syncro	
	Open Warm Up	
	Pool Closed (7:00p)	

Saturday, April 5, 2025

7:00 AM	Open Warm Up - 7:00 AM - 9:00 AM	
EVENT 4	Event 4 Warm-Up; 30 minutes	
	1 METER	3 METER
	RMDL Novice Lvl 1 - Mixed	RMDL Novice Lvl 4 - Mixed
	RMDL Novice Lvl 2 - Mixed	RMDL Novice Lvl 5 - Mixed
	RMDL Novice Lvl 3 - Mixed	RMDL Novice Lvl 6 - Mixed
EVENT 5	Event 5 Warm-Up; 45 minutes	
	1 METER	3 METER
	Women OPEN/Collegiate	Men OPEN/Collegiate
EVENT 6	Event 6 Warm-Up; 45 minutes	
	1 METER	3 METER
	Group B - Girls	Group B - Boys
	Group C - Girls	Group C - Boys
EVENT 7	Event 7 Warm-Up; 45 minutes	
	1 METER	3 METER
	Group D - Girls	Group D - Boys
	Group E - Girls	Group E - Boys
EVENT 8	Event 8 Warm-Up; 30 minutes	
	Mixed Boards - Mixed Club	
	Diving Team Event (Relay) - 13&U	
	Diving Team Event (Relay) - 16-18	
EVENT 9	Event 9 Warm-Up; 60 minutes	
	1 METER	3 METER
	Group A1 - Girls	Group A1 - Boys
	Group A2 - Girls	Group A2 - Boys
	Open Warm Up	
	Pool Closed (7:00p)	

Sunday, April 6, 2025		
7:00 AM	Open Warm Up - 7:00 AM - 9:00 AM	
EVENT 10	Event 10 Warm-Up; 30 minutes	
	1 METER	3 METER
	Group A1 - Boys	Group A1 - Girls
	Group A2 - Boys	Group A2 - Girls
EVENT 11	Event 11 Warm-Up; 30 minutes	
	1 METER	3 METER
	RMDL Novice Lvl 4 - Mixed	RMDL Novice Lvl 1 - Mixed
	RMDL Novice Lvl 5 - Mixed	RMDL Novice Lvl 2 - Mixed
	RMDL Novice Lvl 6 - Mixed	RMDL Novice Lvl 3 - Mixed
EVENT 12	Event 12 Warm-Up; 30 minutes	
	1 METER	3 METER
	NOVICE Mixed Syncro	13 & Under Mixed Syncro
		14-18 Mixed Syncro
EVENT 13	Event 13 Warm-Up; 45 minutes	
	1 METER	3 METER
	Men OPEN/Collegiate	Women OPEN/Collegiate

**Timelines are subject to change due to registration numbers or other factors. Order of events will NOT change.*

Updated 1/28/25